

Treating Bipolar | Disorder

Healthcare Professionals (HCPs) Share Perspectives on Providing Care for People Living with Bipolar I Disorder (BD-I)

PATIENTS FACE ISOLATION AND STIGMA

88%

of HCPs agreed that living with BD-I makes their patients feel isolated and alone 80%

of HCPs said that their patients are embarrassed about their illness

PATIENTS FACE CHALLENGES WITH TREATMENT AND SIDE EFFECTS

Psychiatrists say that both symptom relief and side effects are very important in making decisions about medication(s) for their patients:



96% of HCPs say medication side effects negatively impact some aspect of their patients' lives.



In fact, **81%** agree that many of their patients experience some side effects from their BD-I medication that prevents them from living their most fulfilling lives.



97% of HCPs wish there were medication options that relieved their patients' symptoms, but had fewer side effects.

PATIENTS FACE CHALLENGES TAKING THEIR MEDICATION AS PRESCRIBED

32% of HCPs see a correlation between adherence and quality of life, but **65%** of their patients struggle with taking their medication as prescribed.

According to HCPs, of those patients who don't always take their medication as prescribed, here are the top reasons:





78% don't like the side effects



While it may take time and effort, HCPs report that, on average, 7 in 10 patients (69%) are well-managed on their current medication regimen.

*All "agreed" percentages represent a net, or sum, of the proportion of respondents who selected "somewhat agree" and "strongly agree" in response to the question asked, unless otherwise noted.





The Harris Poll conducted these online surveys on behalf of Alkermes, Inc., a subsidiary of Alkermes plc, and in consultation with DBSA was conducted August 3 through August 27 2021 among 255 U.S. psychiatrists who treat BD-I. Psychiatrist must have been in practice at least 2 years, write at least 1 antipsychotic prescription per month, see at least some adult patients, and see at least 10 patients with BD-I per month ("psychiatrists"). Data for psychiatrists were weighted by gender, years in practice, and region to bring them into line with their actual proportions in the population.