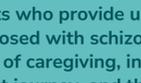
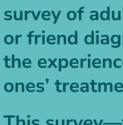


# Caregivers' Perspectives on Navigating Schizophrenia Treatment

Survey provides insights into the role of care partners, loved ones' treatment journeys, and the experience of caregiving



Alkermes, Inc. and the Caregiver Action Network (CAN) conducted a survey of adults who provide unpaid care or support to a family member or friend diagnosed with schizophrenia. The goal was to better understand the experience of caregiving, including perceptions around their loved ones' treatment journey, and the challenges and impacts of caregiving.

This survey—fielded by CAN in the U.S. in August 2025—included 492 respondents over the age of 18 who at the time provided unpaid care or healthcare-related support—such as attending medical appointments, making treatment decisions or helping take medication—to a family member or friend over the age of 18 diagnosed with schizophrenia. Schizophrenia is a serious and lifelong neurodevelopmental disorder affecting approximately 1.1% of the U.S. population.<sup>1</sup> Data show that caregiving can place a significant burden on finances, careers, and personal wellbeing.<sup>2</sup>

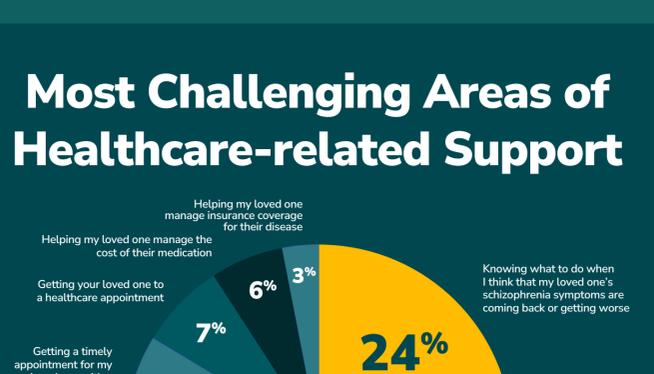


This effort reflects a joint commitment to understanding the experiences of people living with serious mental illnesses, such as schizophrenia, as well as the experiences of those individuals involved in their care.

<sup>1</sup> M. Cloutier et al., The Economic Burden of Schizophrenia in the United States in 2013. J Clin Psychiatry 2016;77(6):764-771. dx.doi.org/10.4088/JCP.15m10278

<sup>2</sup> H. Krassa et al., Quantifying the Societal Impacts of Schizophrenia: A Survey of Caregivers, Psych Res Clin Pract. 2025; xx:1-10. https://psychiatryonline.org/doi/10.1176/appi.PRCP.20240135

## Caregivers Support Loved Ones in a Wide Variety of Ways on Their Disease and Treatment Journey



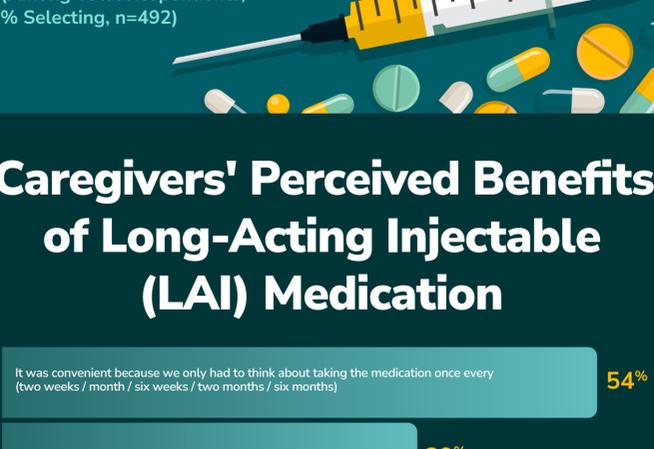
(Among Total Respondents, % Selecting, n=492)

## Most Challenging Areas of Healthcare-related Support

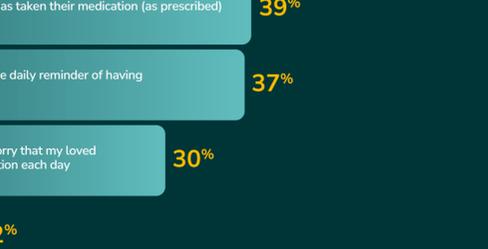


(Among Total Respondents, n=492, % Selecting as Greatest Challenge Among Their Top Three Challenges)

## Current Schizophrenia Medication Usage



(Among Total Respondents, % Selecting, n=492)

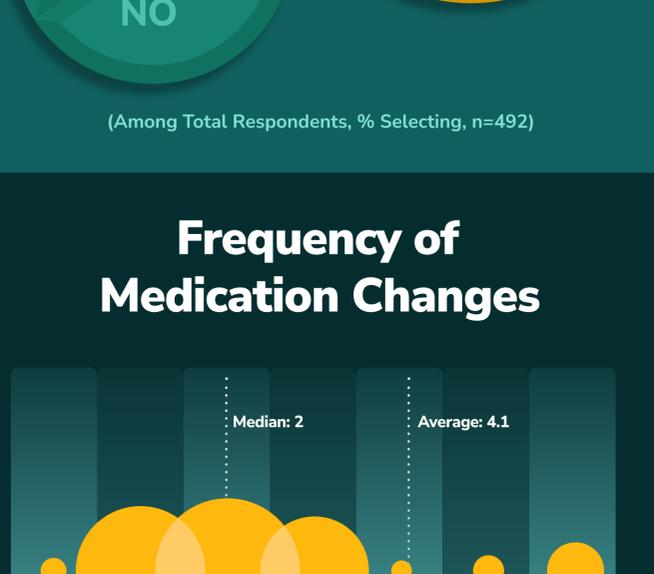


## Caregivers' Perceived Benefits of Long-Acting Injectable (LAI) Medication



(Among Those Whose Loved One Had Taken a Long-Acting Injectable (LAI) Antipsychotic Medication, % Selecting, n=283, Only Caregiver Responses Related to Medication Dosing Schedule are Presented)

## Majority of Caregivers' Loved Ones Have Changed Medication During Their Treatment Journey



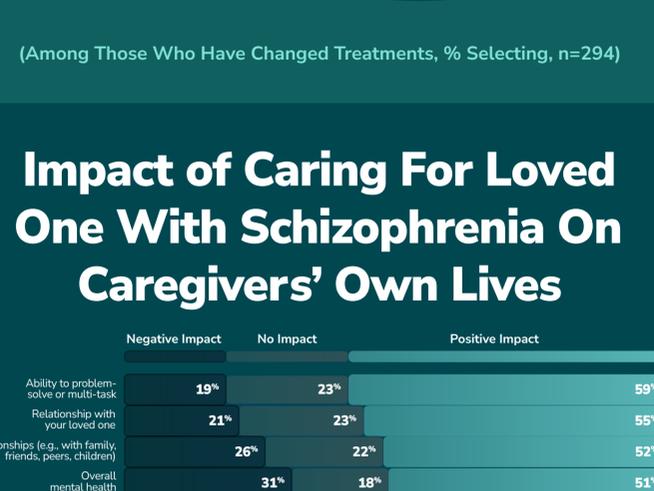
(Among Total Respondents, % Selecting, n=492)

## Frequency of Medication Changes



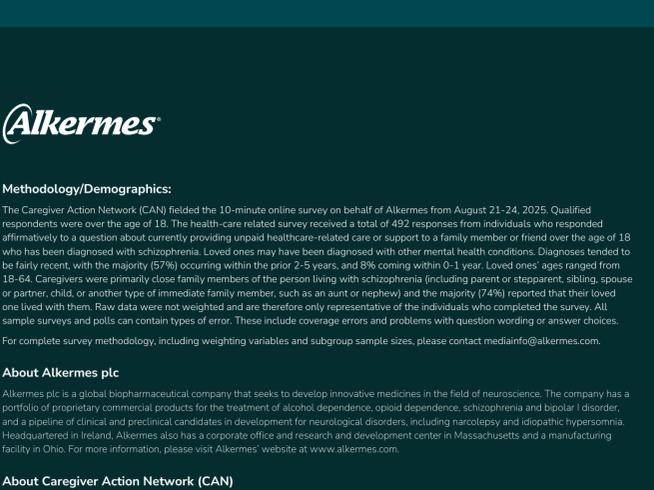
(Among Those Who Have Changed Treatments, % Distribution / Median / Average, n=294)

## Reasons for Switching Medication



(Among Those Who Have Changed Treatments, % Selecting, n=294)

## Impact of Caring For Loved One With Schizophrenia On Caregivers' Own Lives



(Among Total Respondents, % Rating on a 5-Point Scale, n=492)