

Living with Alcohol Use Disorder (AUD)

Adults with AUD share insights into their diagnosis and treatment journeys

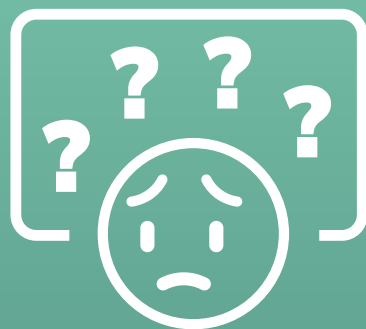


AUD Diagnosis Driven by a Number of Factors



47%

Following a
hospital/ER visit due
to AUD symptoms or
as a result of a DUI,
car accident or
altercation



36%

Personal concern
about alcohol use
and desire to discuss
with healthcare
provider (HCP)



35%

HCP visit about
symptoms that
ended up being
related to AUD



32%

Encouraged by loved
one to see HCP

HCPs Play A Critical Role in Diagnosis

Routine AUD screening rates remain low

33%

were initially
diagnosed by an
addiction
specialist



26%

were initially
diagnosed by a
primary care
physician

Only **28%**

were diagnosed as the
result of a screening during
a standard healthcare visit

Emotions at Diagnosis

The majority of those surveyed responded that they had negative feelings when initially diagnosed, including:



0%

100%

Combating AUD Alone is Difficult



ⁱ All “agree” percentages represent a sum of the proportion of respondents who selected “somewhat agree” and those who selected “strongly agree” in response to the question asked.

Motivations for Seeking Treatment

among those who had ever been treated for AUD



**Negative impact of AUD
on physical health
(39%)**



**Negative impact
of AUD on mental
health (38%)**



**Advice from
an HCP
(36%)**



**Advice/
encouragement from
family/friends (33%)**



**Negative impact
of AUD on daily
life (31%)**

Majority of Survey Respondents Currently in AUD Treatment



70%

are currently
being treated

28%

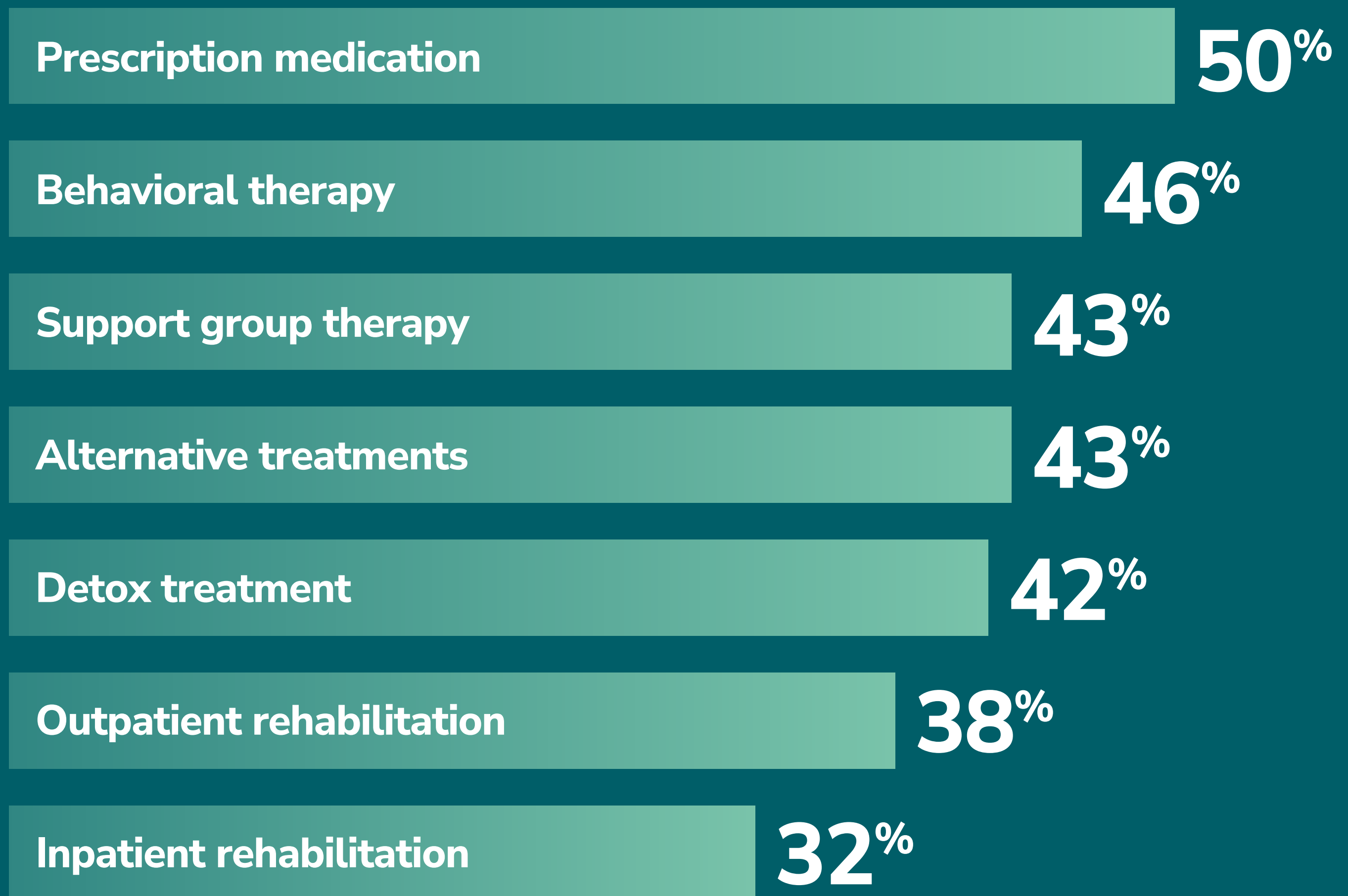
have been treated
in the past

2%

have never been
treated

Types of Treatments Used

among those who had ever been treated for AUD



HCPs Help People Navigate Treatment Decisions

80%

of all respondents have
discussed prescription
AUD medication
with an HCP

50%

of those currently using
AUD medication cite
HCP recommendation
for their choice



Positive Impact of Treatment

Over half of respondents ever treated for their AUD reported a positiveⁱⁱ impact on their lives including:



**Physical health
(61%)**



**Overall quality
of life (60%)**



**Relationships
with their
children (60%ⁱⁱⁱ)**



**Work/career or
ability to work
(59%^{iv})**



**Mental health
(59%)**



**Hobbies/
interests
(58%)**



**Relationship
with friends
(57%)**



**Relationship with
spouse/partner
(57%)**



**Romantic
life (57%)**



**Finances
(57%)**



**Social life
(55%)**

ⁱⁱ All “positive” percentages represent a sum of the proportion of respondents who selected “very positive” and those who selected “somewhat positive” in response to the question asked.

ⁱⁱⁱ Among parents (i.e., adults who are the parent or legal guardian of a child(ren) of any age)

^{iv} Among employed adults (i.e., adults who are full-time, part-time, or self-employed)

Those Currently Being Treated for AUD Want to Keep Going



96%

were satisfied^v with their current treatment and

96%

were motivated^{vi} to adhere to their current treatment

^v All “satisfied” percentages represent a sum of the proportion of respondents who selected “very satisfied” and those who selected “somewhat satisfied” in response to the question asked.

^{vi} All “motivated” percentages represent a sum of the proportion of respondents who selected “very motivated” and those who selected “somewhat motivated” in response to the question asked



About Alcohol Use Disorder (AUD)

AUD is a medical condition characterized by an impaired ability to stop or control alcohol use despite adverse social, occupational, or health consequences. A person living with AUD often needs to drink greater amounts of alcohol to experience its effect and experiences withdrawal symptoms after stopping alcohol use. AUD can affect physical and mental health, and can cause problems with family, friends and work.¹ According to the U.S. 2023 National Survey on Drug Use and Health, approximately 28 million adults ages 18 and older had AUD in the past year,² but only about 2 million received treatment—which could include inpatient or outpatient care, prescription medication and/or professional counseling—for alcohol use in the past year.³

Survey Methodology

The survey was conducted online in the United States by The Harris Poll on behalf of Alkermes, Inc. from August 15 – 27, 2024 among 300 adults between the ages of 21-64 who had been diagnosed with alcohol use disorder (AUD) or alcohol dependence. Raw data were not weighted and are therefore only representative of the individuals who completed the survey. Respondents for this survey were selected from among those who have agreed to participate in Harris Poll surveys. The sampling precision of Harris online polls is measured by using a Bayesian credible interval. For this study, the sample data is accurate to within ± 5.6 percentage points using a 95% confidence level. This credible interval will be wider among subsets of the surveyed population of interest.

All sample surveys and polls, whether or not they use probability sampling, are subject to other multiple sources of error which are most often not possible to quantify or estimate, including but not limited to coverage error, error associated with nonresponse, error associated with question wording and response options, and post-survey weighting and adjustments.

For complete survey methodology, including weighting variables and subgroup sample sizes, please contact mediainfo@alkermes.com.

¹ National Institute on Alcohol Abuse and Alcoholism (NIAAA). Alcohol's Effects on Health: Understanding Alcohol Use Disorder. Updated September 2024. Accessed April 2025. <https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/understanding-alcohol-use-disorder>

² National Institute on Alcohol Abuse and Alcoholism (NIAAA). Alcohol's Effects on Health: Alcohol Use Disorder (AUD) in the United States: Age Groups and Demographic Characteristics. Updated 2024. Accessed April 2025. <https://www.niaaa.nih.gov/alcohols-effects-health/alcohol-topics/alcohol-facts-and-statistics/alcohol-use-disorder-aud-united-states-age-groups-and-demographic-characteristics>

³ National Institute on Alcohol Abuse and Alcoholism (NIAAA). Alcohol's Effects on Health: Alcohol Treatment in the United States. Updated 2024. Accessed April 2025. <https://www.niaaa.nih.gov/alcohols-effects-health/alcohol-topics-z/alcohol-facts-and-statistics/alcohol-treatment-united-states>