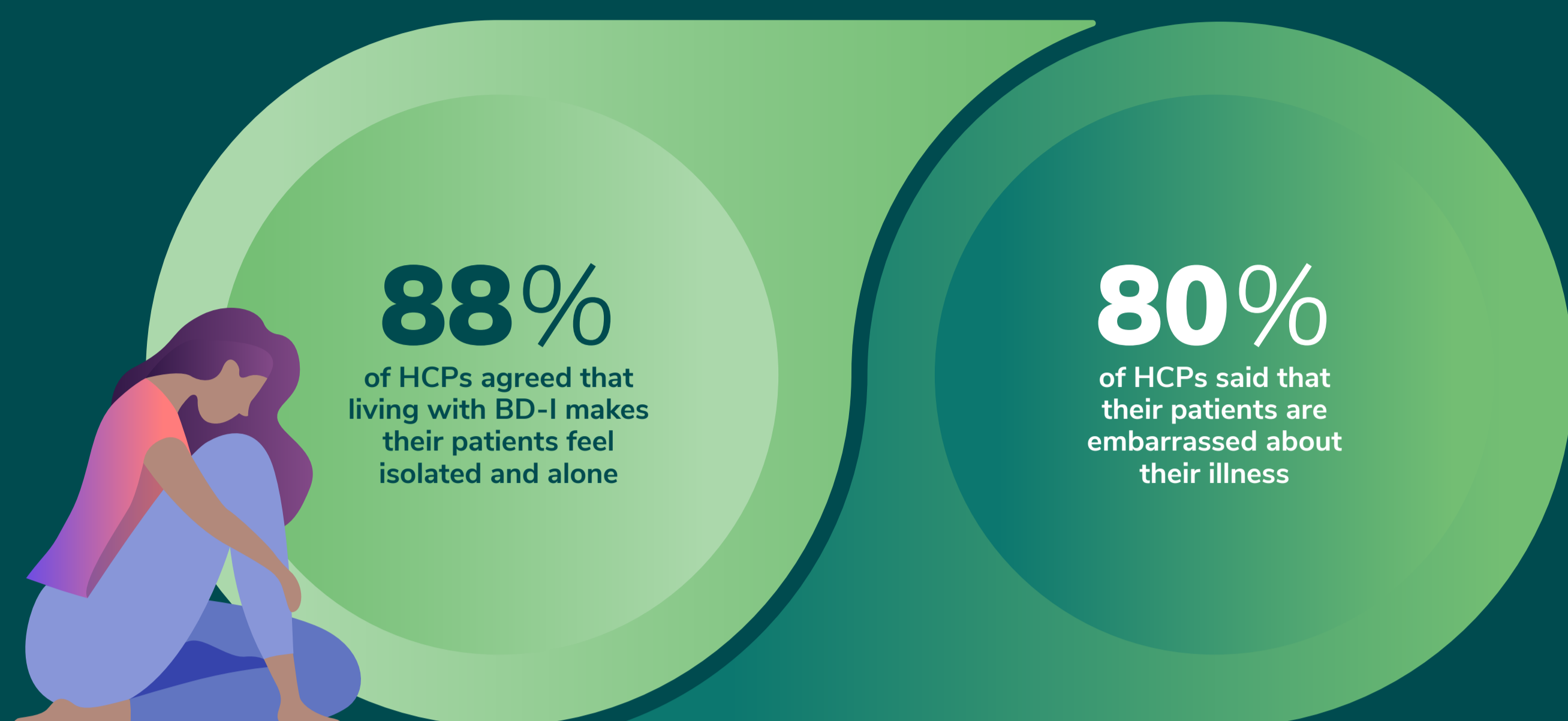


Treating Bipolar I Disorder

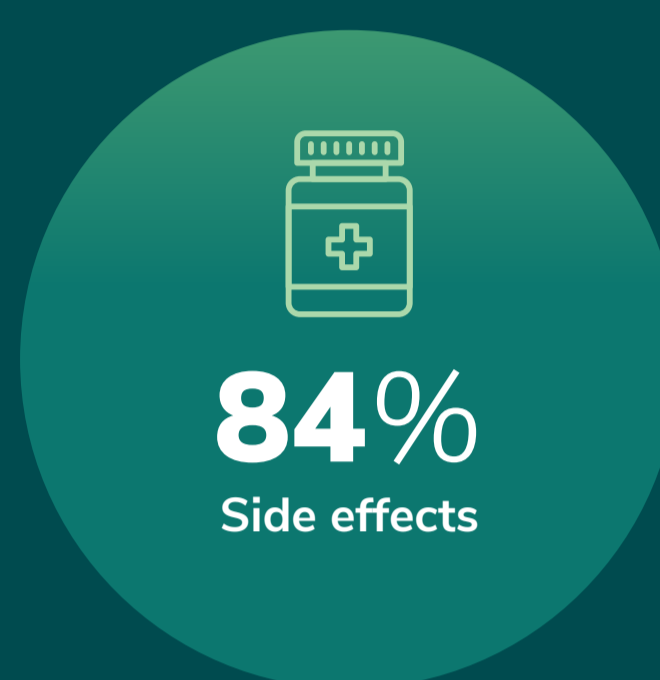
Healthcare Professionals (HCPs) Share Perspectives on Providing Care for People Living with Bipolar I Disorder (BD-I)

PATIENTS FACE ISOLATION AND STIGMA



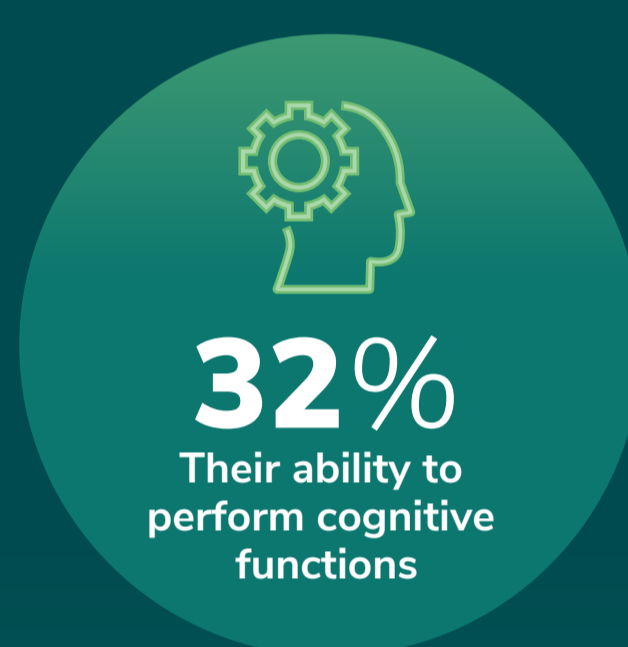
PATIENTS FACE CHALLENGES WITH TREATMENT AND SIDE EFFECTS

Psychiatrists say that both symptom relief and side effects are very important in making decisions about medication(s) for their patients:



96% of HCPs say medication side effects negatively impact some aspect of their patients' lives.

HCPs reported the most common negative impacts of side effects were:



In fact, **81%** agree that many of their patients experience some side effects from their BD-I medication that prevents them from living their most fulfilling lives.



97% of HCPs wish there were medication options that relieved their patients' symptoms, but had fewer side effects.

PATIENTS FACE CHALLENGES TAKING THEIR MEDICATION AS PRESCRIBED

32% of HCPs see a correlation between adherence and quality of life, but **65%** of their patients struggle with taking their medication as prescribed.

According to HCPs, of those patients who don't always take their medication as prescribed, here are the top reasons:



81%
think they no longer need it

78%
don't like the side effects

74%
simply forget

While it may take time and effort, HCPs report that, on average, 7 in 10 patients (69%) are well-managed on their current medication regimen.

*All "agreed" percentages represent a net, or sum, of the proportion of respondents who selected "somewhat agree" and "strongly agree" in response to the question asked, unless otherwise noted.